

# Mega Ginseng Blend

## Dietary supplement for good health and well-being.

Throughout ancient Oriental history this versatile herb was praised for its exceptional nutritional content, including vitamins, minerals, enzymes and co-enzymes. Given its high regard in China, ginseng root was chewed by many because it was thought ginseng improved health, reduced mental and physical fatigue, increased vitality and helped slow down the aging process.

A perennial herb, ginseng commonly grows wild in sloped wooded regions. Ginseng works throughout the body, boosting overall resistance to adverse influences. By increasing mental and physical efficiency, it helps prevent fatigue and naturally supports the body's energy and vitality.\*

The ginseng plant is a large, fleshy root, two to three inches in length and 1/2 to 1 inch in thickness. The color is usually pale yellow or brownish and some describe the taste as similar to licorice or anise—warm, slightly sweet and slightly bitter. The stems of the plant can grow a foot high, dividing into leaflets with small yellow flower which eventually turn into small reddish berries.

The most commonly used type of ginseng is the Asian ginseng, also known as Panax ginseng. Siberian ginseng is another well-known form of ginseng. Mega Ginseng Blend combines several different kinds of the world's best ginsengs to ensure that you get the highest-quality product on the market.

Ginseng is a most effective adaptogen that has a normalizing effect on body functions.\* It also contributes to energy levels and may help reduce the effects of stress.\* Today, Asians commonly consume this herb in tea, use the root in soup or add it to other culinary delights.

Ginseng is no longer revered by just the Asians. Its popularity has grown worldwide, as is evident by the fact that it is used by people from all walks of life who want to benefit from this ancient wonder. Now you can experience the powerful effects of a variety of ginsengs from around the world with daily use of Herbalife's Mega Ginseng Blend.

## Discussion Points

- Safety in numbers: It is believed that more than a billion people are currently using ginseng to help improve their health and well-being.\*
- A blend of the best: Although most people are more familiar with Chinese ginseng, this ancient herb is grown in North and South America, too. Herbalife has recognized the value of combining a mixture of the world's most widely used ginsengs into one potent formula—Mega Ginseng Blend.
- Combine with other products: Mega Ginseng Blend can be used in conjunction with the Thermojetics® Weight-Management Programs and Herbalife's entire line of nutritional products.

## Did You Know?

The word ginseng is said to mean "the wonder of the world."

## Fast Facts

- Contains a unique mixture of the world's most widely used ginsengs.
- Ginsengs are adaptogens with a long history of use in traditional Chinese herbalism.\*
- Easy-to-swallow tablets.



## SUPPLEMENT FACTS

Serving Size: 1 tablet

Servings per container: 60 tablets

	Amount Per Serving	Daily Value
Dried Panax Ginseng Extract (root)	25 mg	†
Dried Eleuthero Ginseng Extract (root)	25 mg	†
Dried Southern Blue Ginseng Extract (Gynostemma pentaphyllum) (root)	12.5 mg	†
Dried Ashwagandha	12.5 mg	†
Dried Notoginseng Extract (root)(5% ginsenosides)	12.5 mg	†
Bio-absorption Complex-5 Lecithin, Vitamin C (as ascorbyl palmitate), Plant Cellulose Enzyme, Cinnamon Powder (bark) and Dried Black Pepper Extract (fruit).	11.5 mg	†

\* Percent Daily Values are based on a 2,000 calorie diet.

† Daily Value not established.

Other Ingredients: Dicalcium Phosphate, Microcrystalline Cellulose, Silicon Dioxide, Hydroxypropyl Methylcellulose, Croscarmellose Sodium, Magnesium Stearate, Hydroxypropyl Cellulose, Polysorbate 80, Polyethylene Glycol.

Suggested Serving: Take one tablet two times per day.

Order at [www.weightlossline.com](http://www.weightlossline.com)

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\$14.95

\* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.