

# Optimum Performance™

## A dietary supplement for men to help improve performance.\*

Testosterone, the so-called “male hormone,” is responsible for all traits masculine—from muscle tone to sexual performance. According to the scientific literature, replenishing testosterone levels is a key to maintaining fitness, vitality and overall well-being in men.

Herbalife has taken a balanced approach with Optimum Performance, a superior well-rounded product featuring natural testosterone precursors that can help men improve their workout performance.\* Optimum Performance can help to burn fat and enhance stamina during intimate moments.\* Simply take one or two tablets approximately two to three hours prior to your workout. For best results, continue this regimen for three weeks and then abstain from Optimum Performance for a week before continuing.

### Discussion Points

- Turn up the fat-burning flames: Optimum Performance may help improve workout performance and assist in fat loss when used on a regular basis.\*
- Enhance intimacy: The herbs in Optimum Performance have a long and proven tradition of safe use and have been shown to mildly enhance the libido.\* The best way to put it is this: You can breathe new life into those special moments.
- Combine with other products: Optimum Performance can be used in conjunction with the Thermojetics® Weight-Management Programs and Herbalife's entire line of nutritional products.

### Did You Know?

Many men are especially fond of diets that include meat and salt, the excessive consumption of which causes calcium loss. The calcium in Optimum Performance helps to supplement this loss, while helping improve overall performance.\*

The amino acid arginine can be found in raisins, certain nuts, whole wheat and brown rice. The name “arginine” traces its roots to the silvery, or argent, nature of the first-discovered salts of this amino acid.

### Fast Facts

- Contains Androstenediol-5, a natural testosterone precursor that is converted to the male hormone two to four hours after ingestion.\*
- Also made with tribulus terrestris, an Ayurvedic herb commonly known as “puncture vine,” which is thought to boost testosterone production by increasing the pituitary gland's output of lutenizing hormone.\*
- Helps maintain a masculine edge thanks to chrysin, a plant isoflavone that inhibits the conversion of testosterone into estrogen.\*
- Helps increase the biosynthesis of testosterone production due to the presence of pregnenolone, a hormone precursor.\*
- Can enhance intimate performance—includes muira puama, a South American herb used by indigenous Rainforest tribes for impotency, and epimedium, an ancient Chinese herb, also known as horny goat weed, taken for similar purposes.
- Further enhances intimacy via the nitric oxide precursor molecule L-arginine.\*



### SUPPLEMENT FACTS

Serving Size: 1 tablet

Servings per container: 30 tablets

	Amount Per Serving	% Daily Value**
Calcium (as calcium carbonate)	111 mg	11%
L-Arginine	110 mg	†
Dried Epimedium sagittatum Extract (plant)(5% flavonoids)	75 mg	†
Dried Lepidium meyenii Extract (tuber)	50 mg	†
Dried Tribulus terrestris Extract (seed)	50 mg	†
Dried Muira Puama Extract (wood and root)	50 mg	†
DHEA (Dehydroepiandrosterone)	30 mg	†
Bio-Absorption Complex-5: Lecithin, Vitamin C (as ascorbyl palmitate), Plant Cellulose Enzyme, Cinnamon Powder (bark) and Dried Black Pepper Extract (fruit)	23 mg	†
Androstenediol-5	20 mg	†
Chrysin	15 mg	†
Pregnenolone	10 mg	†

\* Percent Daily Values are based on a 2,000 calorie diet.

† Daily Value not established.

**Other Ingredients:** Microcrystalline Cellulose, Croscarmellose Sodium, Silicon Dioxide, Hydroxypropylmethylcellulose and Magnesium Stearate.

**Suggested Serving:** Take one tablet two to three hours prior to working out. Do not exceed two tablets per day.

**Suggested regimen:** three weeks on, one week off.

Order at [www.weightlossline.com](http://www.weightlossline.com)

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\$34.95

\* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.