

45 Pounds Lost



Unhappy with appearance:

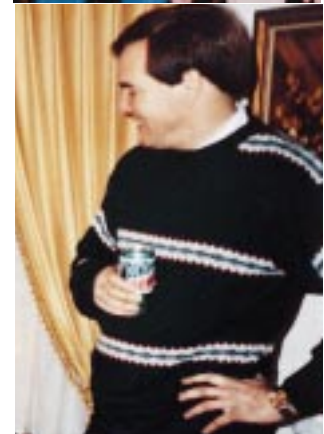
At 155 pounds and 5' 8" tall, Jeanne Rasfeld wasn't what most people would consider obese, but she was not happy with her weight, and her self-esteem and confidence suffered. She went through many different diets and weight-loss programs—all without success.

Friendly advice from the family:

Jeanne's sister-in-law (and Millionaire Team member) Laura McClure introduced her to the Thermojetics® Weight-Management Program on a ski vacation in 1994. Jeanne came home with a supply of Thermojetics® and proceeded to lose 30 pounds in three months. "Within a week, I knew I wanted to be on these products the rest of my life," Jeanne confides. She's now holding steady at a size 5—"a size I've never worn my entire life!" she adds.

A new believer:

Jeanne's husband Skip was impressed by her results, but still skeptical. "I waited through the holidays to see if she would put the weight back on," he says. "She stayed skinny, but I started getting bigger!" Skip joined Jeanne on the Thermojetics® program as part of his New Year's resolution. "I could tell that my appetite was suppressed immediately," Skip recalls. The couple now have more energy than ever. "Before, I would conk out around 9 p.m.," says Jeanne. "Now, I'm staying up later and even coaching our children's sports teams!"*



Jeanne before: 155 pounds
Skip before: 185 pounds

Skip after: 170 pounds
Jeanne after: 125 pounds