

**75** *Pounds Lost*

## Jim Woolley

“Thanks to Herbalife, I can enjoy my favorite foods—and still keep the weight off.”

### A seasoned dieter:

“I have been on so many diets I can’t even remember them all,” says Jim Woolley. “On some of them, I actually lost weight, but I couldn’t keep the pounds off for long. All I could really count on was eventually getting heavier than I was before the diet.”

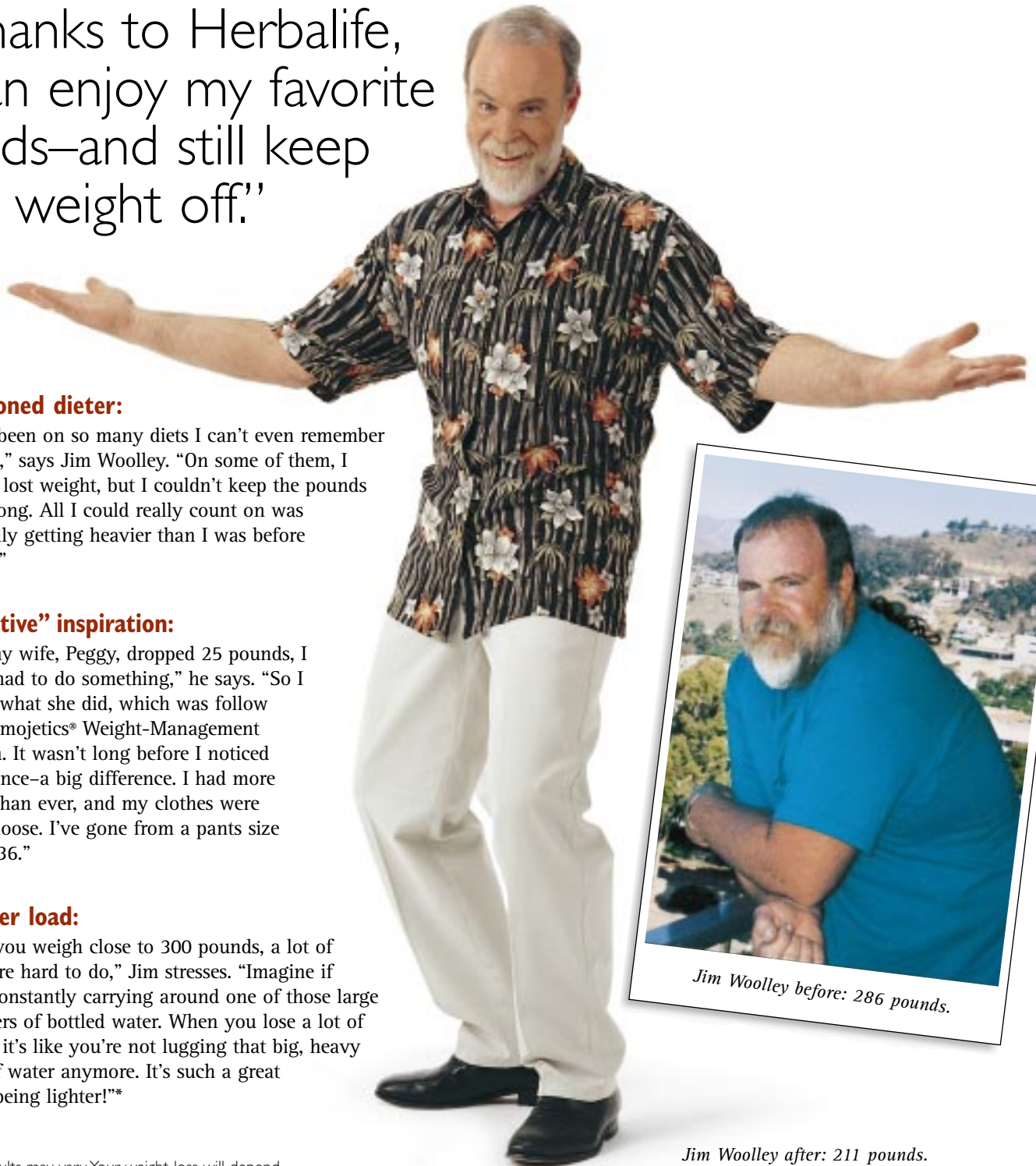
### A “relative” inspiration:

“After my wife, Peggy, dropped 25 pounds, I knew I had to do something,” he says. “So I just did what she did, which was follow the Thermojetics® Weight-Management Program. It wasn’t long before I noticed a difference—a big difference. I had more energy than ever, and my clothes were getting loose. I’ve gone from a pants size 44 to a 36.”

### A lighter load:

“When you weigh close to 300 pounds, a lot of things are hard to do,” Jim stresses. “Imagine if you’re constantly carrying around one of those large containers of bottled water. When you lose a lot of pounds, it’s like you’re not lugging that big, heavy bottle of water anymore. It’s such a great feeling being lighter!”\*

\*Your results may vary. Your weight loss will depend on your own body’s metabolic response.



*Jim Woolley before: 286 pounds.*

*Jim Woolley after: 211 pounds.*