

Andrea Martin



Andrea Martin after: 118 pounds.

“I lost 25 pounds four years ago!”

Heavy studying:

Four years ago, Andrea Martin was a student who had trouble keeping up in her classes because she was always so tired, suffered from frequent colds and chronic back pain. She suspected that the weight she had been battling to lose all her life was contributing to her problems. “I was overweight, and my health was deteriorating,” recalls Andrea. “Once I reached 143 pounds and was wearing a size 14 dress, I knew I had to make some changes.”

Reaching new heights:

When her parents’ massage therapist introduced Andrea to Herbalife, she began losing weight immediately after starting the Thermojetics® Weight-Management Program. “I had so much energy that I couldn’t sit still—I was so busy doing things!” Andrea laughs.

Faster and fitter:

Andrea hadn’t been very physically active when she was heavy, but now that she has lost weight and dropped to a size 8, she plays tennis—a sport she played years prior. “My whole family plays tennis, so now I can participate too. My concentration has really improved and I can get to the ball much faster,” Andrea comments.*



Andrea Martin before: 143 pounds.

*Your results may vary. Your weight loss will depend on your own body’s metabolic response.