

48 Pounds Lost



Nina before: 180 pounds

"I've kept off 48 pounds for three years now!"

A son's advice:

For Nina Thornton, carrying around extra weight was exhausting. "My energy levels were very low, and I took naps every afternoon," she remembers. "My son told me that he had heard about a product that could help me lose weight and build muscle."

Getting "Herbalized":

In February 1998, Nina started the Thermojetics® Green Weight-Management Program and weight-loss results quickly followed. She now fits comfortably into a size 6, a nice change from the tight size 14 she was wearing before.

Results for the whole family:

Nina's whole family now uses Herbalife products. Her husband also lost weight with the Thermojetics® program, her children are big fans of Dinomins and her mom uses the Herbalife products as well! "It's really changed our lives," Nina states proudly. She now has the energy and drive to play basketball and volleyball without getting exhausted. "I have much more energy and I don't need as much sleep," she states. "And, I haven't had to take a nap in three years! It feels great!"*



Nina after: 132 pounds