

“My husband can’t stop complimenting me on how great I look!”

With three young children, all under three years old, Elaine Nevin needed all the energy she could muster just to keep up. But at 221 pounds, Elaine’s energy level was consistently low, and she wasn’t able to fully enjoy time with her kids. “I needed to do something about it.”

THE NEVINS SAY THEY’RE FEELING MORE ENERGETIC THAN EVER AND LOVE THEIR ACTIVE LIFESTYLE.

With ShapeWorks™, Elaine found the solution that would change her life—and the lives of the entire Nevin family. After seeing her husband’s impressive results—Tom lost 25 pounds—Elaine gave the program a try. Her results were astounding: she dropped 91 pounds, shed 44 inches

and went from a size 16 to a size 2! “The protein helps keep me feeling satisfied, so I don’t need to snack,” she says.

Today, Elaine and Tom are thrilled with their results with ShapeWorks™. “I’m smaller today than the day Tom and I met,” Elaine happily remarks. ShapeWorks™ has also given them the energy to enjoy their lives more than they ever have. As for Elaine keeping up with her kids—problem solved. “I have so much energy, my kids ask me to slow down,” she says.*

ELAINE & TOM NEVIN
116 TOTAL POUNDS LOST

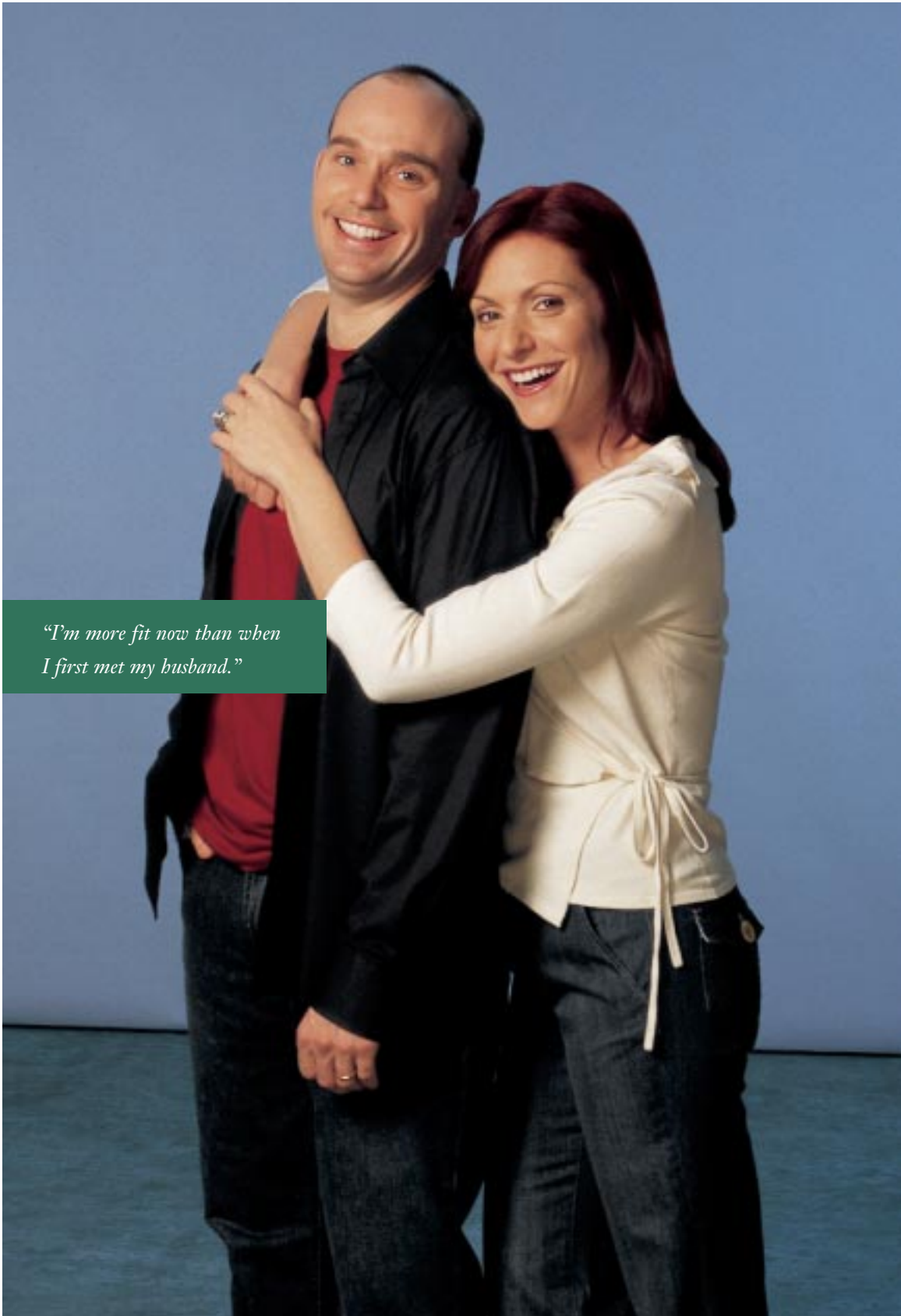
ELAINE
BEFORE: 221 POUNDS
AFTER: 130 POUNDS

TOM
BEFORE: 195 POUNDS
AFTER: 170 POUNDS

SHAPEWORKS™ QUICKSTART
PROGRAM
\$145.95



*Results not typical.



*"I'm more fit now than when
I first met my husband."*